

UN CSW Delegation Presentations Back To The Community Part 1  
Transcript

1

00:00:24.740 --> 00:00:28.320

Lorena Céspedes: A lot of. and you know here

2

00:00:29.870 --> 00:00:38.690

Aleka Vial: Well, you know that we were 2 weeks in the UN. From Monday, March sixth, till March seventeenth, and we had different

3

00:00:38.740 --> 00:00:46.730

Aleka Vial: a sessions and special moments, especially the a. March 8. The International Women's Day.

4

00:00:48.390 --> 00:00:49.080

Lorena Céspedes: Yeah.

5

00:01:18.520 --> 00:01:21.910

Aleka Vial: As I'm. A teacher, I'm very focused. And

6

00:01:21.940 --> 00:01:32.800

Aleka Vial: in in teacher of technology. I'm: very focused on this digital and technology education. So it was very. I was amazed to see this movement.

7

00:01:32.870 --> 00:01:35.550

Aleka Vial: all connected call all connected.

8

00:01:35.660 --> 00:01:45.250

Aleka Vial: That is an initiative to the digitalization of women in Latin America and developing of a STEM education for girls.

9

00:01:46.820 --> 00:01:49.540

Sheva Carr: Lorna Kira. This is the K.

10

00:01:50.240 --> 00:01:51.160

Sheva Carr: By no

11

00:01:58.730 --> 00:02:01.110

Sheva Carr: in the

12

00:02:12.450 --> 00:02:16.400

Sheva Carr: a step in the Samana. lg. 20.

13

00:02:27.890 --> 00:02:35.770

Sheva Carr: If we consultation the policy policy in

14

00:02:35.790 --> 00:02:40.910

Sheva Carr: la a a group of a trava har so break them.

15

00:02:44.960 --> 00:02:51.840

Sheva Carr: I was just telling Lorena and theme with this that we just had Sarah, our youth delegate present

16

00:02:52.180 --> 00:03:02.250

Sheva Carr: at the United Nations Science Technology and Innovation Conference, and that this last weekend literally ending. Last night we had 3 policy proposals.

17

00:03:02.500 --> 00:03:06.420

Sheva Carr: 2 of them relative to women in

18

00:03:06.520 --> 00:03:11.640

Sheva Carr: gender equity and science and technology at the working group for the G 20.

19

00:03:25.220 --> 00:03:33.740

Aleka Vial: I I work in robotics and in my a workshops only 10% of of a girls

20

00:03:33.910 --> 00:03:35.800

Aleka Vial: a working STEM,

21

00:03:40.610 --> 00:03:49.590

Aleka Vial: 50%. We we don't want to 5 5. We'll take every bit we can get.

22

00:03:49.810 --> 00:03:52.010  
Aleka Vial: Yes, she right. Yes.

23  
00:04:14.630 --> 00:04:27.450  
Aleka Vial: one of the presentations that impact me emotionally was the the the presentation about a violence and technology and violence. Because women suffer. We suffer very much

24  
00:04:27.620 --> 00:04:31.620  
Aleka Vial: bullying and violence through technology and media.

25  
00:04:50.650 --> 00:04:55.150  
Lorena Céspedes: I. It's so.

26  
00:04:56.850 --> 00:05:09.810  
Aleka Vial: I I I met Gada Weis and I don't know how I to say her name, but she she's a journalist, and she talk about how a journalist suffers so much violence through.

27  
00:05:09.820 --> 00:05:12.990  
Aleka Vial: and media and social networks.

28  
00:05:24.140 --> 00:05:29.020  
Lorena Céspedes: Is it in it? Confidence? Yeah.

29  
00:05:29.250 --> 00:05:29.940  
See.

30  
00:05:39.740 --> 00:05:42.420  
Lorena Céspedes: you don't need that.

31  
00:05:46.720 --> 00:05:48.690  
It was very a

32  
00:05:48.890 --> 00:06:04.090  
Aleka Vial: and impressive how all the people get got up to give an applause to her, and and we we we really felt in the heart how this is a very huge and important subject, but because we also for this

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00:06:04.200 --> 00:06:09.800

Aleka Vial: and this discrimination and violence and bullying

34

00:06:10.140 --> 00:06:12.270

Aleka Vial: in the in the media.

35

00:06:18.370 --> 00:06:23.780

Aleka Vial: And here I found that her her experience got to the press in Chile.

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00:06:42.560 --> 00:06:43.530

Lorena Céspedes: The law

37

00:06:57.000 --> 00:07:07.330

Aleka Vial: We also participate in a conference of just now provosted that it's a Chilean senator who was there and talk about the rights of in the new digital

38

00:07:07.400 --> 00:07:12.210

Aleka Vial: world, and they took also about Run the Rwanda and Bolivia.

39

00:07:32.770 --> 00:07:48.430

Aleka Vial: and so I had the opportunity to talk to the Jas now proposed to the Senator to see not only how we give access to technology, but to develop skills, more technological skills for for women, young women and children.

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00:08:04.410 --> 00:08:06.260

Lorena Céspedes: This

41

00:08:35.000 --> 00:08:48.710

Aleka Vial: we also participate in a Prime minister's meeting with with ministers from these countries here, which one at cuado or Panama, Lithuania, and about the digital gender gap.

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00:08:48.960 --> 00:08:51.000

Aleka Vial: and it

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00:09:05.980 --> 00:09:13.280

Aleka Vial: so we could see how, as how in Chile it's very close to Lithuania that 20%

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00:09:13.430 --> 00:09:21.370

Aleka Vial: a of girls choose steam arias. Only 20% of girls choose these areas to study or develop.

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00:09:29.310 --> 00:09:36.580

Lorena Céspedes: and then for the last, and then and then

46

00:09:52.400 --> 00:09:54.340

Lorena Céspedes: and then i'm. Okay, to leave this

47

00:10:15.450 --> 00:10:30.130

Aleka Vial: in the in on Wednesday 8, and the International Women's Day. We participate in the main hall about the goals to 2,040. The 3 main goals that it's the reduce

48

00:10:30.130 --> 00:10:38.560

Aleka Vial: the connectivity gap and deep in the the strength of women, leaders, and safety

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00:10:38.700 --> 00:10:48.550

Aleka Vial: to reduce violence. And we learn about this 3 and main objectives of we with each one of these objectives.

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00:10:56.510 --> 00:10:57.810

Lorena Céspedes: So then

51

00:11:31.970 --> 00:11:32.970

Lorena Céspedes: they want.

52

00:11:34.390 --> 00:11:41.050

Aleka Vial: Yeah. We were very surprised about these numbers that only 3 women's in 100

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00:11:41.060 --> 00:11:56.600

Aleka Vial: men are selected as novel price. Women still have 2021% less salary in the world, and the women positions, women in positions of power power are only 26

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00:11:57.110 --> 00:12:16.200

Aleka Vial: of parliamentarians, presidents, and directors, so that, and so in t l in our experience of the constitutional process, we we agree by consensus about parity to to write new constitutions and

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00:12:16.200 --> 00:12:21.340

Aleka Vial: participation in politic areas. So we did a big effort in that.

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00:12:21.990 --> 00:12:29.160

Sheva Carr: The

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00:12:29.290 --> 00:12:35.810

Sheva Carr: So in

58

00:12:35.830 --> 00:12:38.510

Sheva Carr: no gender in Espana.

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00:12:39.940 --> 00:12:41.110

Aleka Vial: Canada

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00:12:41.160 --> 00:12:43.200

Sheva Carr: Zoom.

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00:12:43.390 --> 00:12:46.220

Sheva Carr: You have to put all of these statistics

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00:12:46.280 --> 00:12:49.500

Sheva Carr: in the context of the fact that women.

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00:12:49.870 --> 00:12:51.390

Aleka Vial: or more.

64

00:12:51.750 --> 00:12:55.480

Sheva Carr: the greatest gender identity in the world

65

00:12:55.530 --> 00:13:01.500

Aleka Vial: are more women than any other gender identity. and yet

66

00:13:03.660 --> 00:13:05.930

Sheva Carr: we are given the least opportunity.

67

00:13:17.970 --> 00:13:21.210

Lorena Céspedes: It all.

68

00:13:39.100 --> 00:13:58.970

Aleka Vial: Yeah, what other subjects? Very important. So just what? Where the the importance of giving voice to women, and that the technological revolution is not egalitarian. We have a very, very huge work in equity and egalitarian access

69

00:13:58.970 --> 00:14:00.230

Aleka Vial: to technology.

70

00:14:03.460 --> 00:14:04.870

Lorena Céspedes: Another.

71

00:14:12.990 --> 00:14:14.320

Lorena Céspedes: I like the question.

72

00:14:32.040 --> 00:14:33.260

Lorena Céspedes: When I

73

00:14:35.100 --> 00:14:47.110

Aleka Vial: we also learn about some, it we have. I was some projects of education and technologies like Abraham, that it's a software. a using Kenya

74

00:14:47.630 --> 00:14:53.690

Aleka Vial: and for for developing skills. and also a

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00:14:54.770 --> 00:15:08.720

Aleka Vial: connect all the Us. In bedroom that it's a too much to develop of mathematical skills. Very interesting projects connect All this means a connect villages.

76

00:15:08.940 --> 00:15:10.920  
Lorena Céspedes: No connect that yous

77  
00:15:11.360 --> 00:15:21.370  
Aleka Vial: it's it's, it's, it's, it's it's it's it's it's it's it's

78  
00:15:21.790 --> 00:15:22.630  
Aleka Vial: Hmm.

79  
00:15:39.640 --> 00:15:45.590  
Aleka Vial: We they also talk about technology is just a tool and how we use it.

80  
00:15:45.700 --> 00:15:50.500  
Aleka Vial: And so we have to learn skills to transfer. Now.

81  
00:16:15.650 --> 00:16:16.910  
Lorena Céspedes: A:

82  
00:16:33.090 --> 00:16:40.380  
Aleka Vial: We, we. We we participate also in in a women care work and technology conference about how to

83  
00:16:40.480 --> 00:16:52.150  
Aleka Vial: to, to a a develop, a caregivers national care system or caregivers

84  
00:16:52.830 --> 00:17:03.480  
Aleka Vial: attendance, and also how to create mobile clinics in rural rural areas and how to through technology. a support

85  
00:17:03.630 --> 00:17:05.950  
Aleka Vial: the caregivers work.

86  
00:17:24.069 --> 00:17:30.610  
Aleka Vial: We also talk about how much care work can be replaced by technology.

87  
00:17:34.500 --> 00:17:38.640



Lorena Céspedes: and it's the

88

00:17:51.430 --> 00:17:52.860

Lorena Céspedes: Okay. So with us.

89

00:17:54.290 --> 00:18:15.500

Aleka Vial: we talk about also it. We we saw how in different countries the the the subject is is being, how to develop a national care system. to to give more strength to care workers, and also to the people that it's that needs help to be care people who needs to be

90

00:18:15.530 --> 00:18:16.840

Aleka Vial: taking care of.

91

00:18:29.980 --> 00:18:30.830

Lorena Céspedes: E:

92

00:18:39.530 --> 00:18:41.770

Lorena Céspedes: Yeah.

93

00:18:42.610 --> 00:18:50.520

Aleka Vial: I also participate in a digital technology conference about digital technologies for the inclusion of women

94

00:18:50.860 --> 00:19:07.810

Aleka Vial: in peace processes, and we saw how a communication it's essential for peace and peace processes. And as so many times technology, I mean the skills to use technology are needed to all these communication.

95

00:19:11.660 --> 00:19:15.000

Lorena Céspedes: A: then okay.

96

00:19:19.570 --> 00:19:23.700

Lorena Céspedes: and

97

00:19:24.090 --> 00:19:27.710

Lorena Céspedes: by the Yes. So

98

00:19:32.850 --> 00:19:33.470

Lorena Céspedes: hmm.

99

00:19:37.070 --> 00:19:40.510

Aleka Vial: We also talk about this

100

00:19:40.620 --> 00:19:47.570

Aleka Vial: essence of violence between 2,013 and 2,020,

101

00:19:47.640 --> 00:19:51.890

Aleka Vial: we had a increase, considerable increase of violence.

102

00:19:51.960 --> 00:20:00.120

Aleka Vial: and how, through technology we can contribute to reduce this violence.

103

00:20:17.830 --> 00:20:24.880

Aleka Vial: So it's very important to, through collaboration, connection, and inclusion, to build piece.

104

00:20:25.220 --> 00:20:30.090

Aleka Vial: so to use digital tools to build peace.

105

00:20:44.070 --> 00:20:52.870

Aleka Vial: So also we we we could synthesize that for social correction the functions of the

106

00:20:52.990 --> 00:21:02.140

good tools of technology could be dialogue in networks and strategic communications, and that that management

107

00:21:12.450 --> 00:21:15.000

Lorena Céspedes: don't they a

108

00:21:33.550 --> 00:21:46.120

Aleka Vial: Yeah, I I attended to another conference about echo feminism. Very interesting. Of how can we link ecology, feminism, and technology to to create

109

00:21:46.250 --> 00:21:50.350

Aleka Vial: better conditions of equality and equity equity.

110

00:22:02.140 --> 00:22:04.690

Lorena Céspedes: I can.

111

00:22:27.990 --> 00:22:33.380

Aleka Vial: So we talk about this triad about a climate, and

112

00:22:33.630 --> 00:22:52.010

Aleka Vial: reduce a climate change or address. Climate creases with digital empowerment of rural women and working in in a ecology like, for example, projects where forests were delivered to communities and

113

00:22:52.010 --> 00:23:03.110

Aleka Vial: women leading this project of ecology, feminism, and with technology, it could address the climate crisis.

114

00:23:06.230 --> 00:23:07.230

Lorena Céspedes: the

115

00:23:16.130 --> 00:23:19.750

Lorena Céspedes: don't they it come on

116

00:23:31.230 --> 00:23:32.600

Lorena Céspedes: a

117

00:23:33.650 --> 00:23:35.980

Lorena Céspedes: that

118

00:23:42.970 --> 00:23:59.000

Aleka Vial: I also person. You see, I also participated in a conference world at the World World Bank Conference about how she? How do you say biased

119

00:23:59.320 --> 00:24:01.440

Aleka Vial: or be asked or biased

120

00:24:01.520 --> 00:24:03.440

Sheva Carr: bias just like that?

121

00:24:03.870 --> 00:24:11.210

Aleka Vial: Okay, about a how we men were world what are not biased by social gender norms

122

00:24:11.320 --> 00:24:17.560

Aleka Vial: and the inequalities, No or gender gaps are a

123

00:24:17.700 --> 00:24:21.820

Aleka Vial: are normalized by this.

124

00:24:22.660 --> 00:24:25.980

Aleka Vial: this, a bias, no gender biased

125

00:24:36.720 --> 00:24:40.930

Aleka Vial: Yeah, the percentage of of people who has this bias is too high.

126

00:24:48.160 --> 00:24:51.140

Aleka Vial: and the importance of education to change this.

127

00:24:55.540 --> 00:24:59.410

Lorena Céspedes: Okay, Brian, are you that?

128

00:25:06.030 --> 00:25:13.890

Aleka Vial: And we talk about 4 dimensions that could help us to reduce this gender gaps.

129

00:25:16.370 --> 00:25:21.300

Aleka Vial: this political, educational, economic, and and physical integrity.

130

00:25:25.010 --> 00:25:29.590

Lorena Céspedes: E. A. In the Through this. So

131

00:25:36.100 --> 00:25:39.460

Lorena Céspedes: a complex one. Okay.

132

00:25:47.210 --> 00:25:59.860

Aleka Vial: yeah. And we are leaving a complex process because the progress towards gender equality is slowing down. So we are normalizing this

133

00:25:59.880 --> 00:26:04.220

Aleka Vial: gender gaps. We are not advancing, and that's a

134

00:26:04.470 --> 00:26:06.410

Aleka Vial: I worry.

135

00:26:48.850 --> 00:27:00.660

Aleka Vial: Okay. We were surprised that in Chile we had a significant progress related to other countries. In in this bias a gender.

136

00:27:02.420 --> 00:27:05.550

Aleka Vial: The gender bias biased

137

00:27:18.670 --> 00:27:21.000

Lorena Céspedes: a

138

00:27:27.820 --> 00:27:28.930

Lorena Céspedes: it does

139

00:27:55.050 --> 00:27:59.430

Aleka Vial: when we talk about social and our biases, and

140

00:28:00.020 --> 00:28:00.900

it

141

00:28:00.960 --> 00:28:18.030

Aleka Vial: almost all countries with high female political representation have a favor of fabric, favorable measures, such as positive discrimination and affirmative action. And that's what exactly happened in the Convention in the Constitutional Convention, in Chile, in our experience.

142

00:28:18.440 --> 00:28:19.310

and

143

00:28:21.030 --> 00:28:27.710

Aleka Vial: with you increase and participation. You reduce these biases.

144

00:28:48.460 --> 00:28:50.200

Lorena Céspedes: Okay.

145

00:29:05.290 --> 00:29:13.200

Aleka Vial: And so I was very. We have to work with. So these challenges that are very. i'm very committed

146

00:29:13.380 --> 00:29:25.250

Aleka Vial: with them that it's to in a to increase for girls to to STEM in the schools and reduce these gaps.

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00:29:25.470 --> 00:29:27.770

Aleka Vial: gender gaps, and

148

00:29:27.790 --> 00:29:30.690

gender biased

149

00:29:30.890 --> 00:29:33.180

Aleka Vial: in education.

150

00:29:44.190 --> 00:29:48.100

Lorena Céspedes: and the they may not

151

00:30:00.680 --> 00:30:02.050

Lorena Céspedes: an even

152

00:30:04.160 --> 00:30:12.410

Aleka Vial: yes. And so this graphic talks about how, if we have more movements, women movements in our countries.

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00:30:12.440 --> 00:30:31.330

Aleka Vial: A. We have a we can reduce these gaps and cut because countries with fewer femin movements have greater biases against gender equality, and women's empowerment. So it's good to promote

women movements. Very important.

154

00:30:52.480 --> 00:30:56.620

Lorena Céspedes: then absolutely A.

155

00:31:02.700 --> 00:31:20.510

Aleka Vial: And at the to finish the presentation, some of the pictures of our experience at the UN. And in New York, not only in the conference in the building, but outside. We had several meetings like this one with beautiful women of Brooklyn. That was very.

156

00:31:20.870 --> 00:31:24.090

Aleka Vial: very impressive and very significant.

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00:31:34.260 --> 00:31:41.240

Aleka Vial: We met different people, different women and leader and activists from different part of the world

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00:31:53.180 --> 00:31:56.250

Lorena Céspedes: A.

159

00:32:08.110 --> 00:32:16.670

Aleka Vial: We also participate in the Earth Church, where they did with a chorus and Ominari to us we how do you say your menache, Shima?

160

00:32:18.910 --> 00:32:24.720

Sheva Carr: Oh, man, that hey? Could you okay, say, come on and homage.

161

00:32:25.230 --> 00:32:31.380

Aleka Vial: Yeah, like they honored the group of Chilean women. It's a it's an paid homage.

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00:32:42.480 --> 00:32:47.520

Lorena Céspedes: i'm being it might be willing to.

163

00:32:48.150 --> 00:32:58.180

Aleka Vial: And we also share with the group of the community of Chilean women in New York, and that was so beautiful and interesting.

164

00:33:01.980 --> 00:33:18.570

Sheva Carr: Loren, Thank you so much. I do want. I hear Robert has started our other training, and I want to just check in to see. Is there? First of all, I hope you will all unmute and share gratitude with Lorena.

165

00:33:19.460 --> 00:33:23.390

Sheva Carr: Thank her for this generous presentation.

166

00:33:23.720 --> 00:33:26.370

David D: It is beautiful

167

00:33:26.420 --> 00:33:27.880

David D: which is grass. Yes.

168

00:33:28.320 --> 00:33:30.980

Sheva Carr: thank you so.

169

00:33:34.970 --> 00:33:36.050

Sheva Carr: But I think that.

170

00:33:36.400 --> 00:33:40.610

Sheva Carr: Does anyone have any questions?

171

00:33:50.110 --> 00:33:56.240

janewashburn: Thank you. Thank you.

172

00:33:57.290 --> 00:33:58.780

Jean Westney: It's great. You

173

00:33:59.020 --> 00:33:59.680

perry: You

174

00:34:00.830 --> 00:34:06.980

perry: anyone have any questions.

175

00:34:15.190 --> 00:34:18.870

Sheva Carr: If not, let's take a moment



176

00:34:19.090 --> 00:34:22.820

Sheva Carr: to refocus attention on the heart.

177

00:34:28.210 --> 00:34:33.880

Sheva Carr: Imagine. The breath is flowing in through the hard and out to the heart.

178

00:34:36.409 --> 00:34:48.389

Sheva Carr: breathing a little slower and deeper than usual in and

179

00:35:15.270 --> 00:35:22.640

Sheva Carr: in the other training a hospital training where Robert and I will be together shortly.

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00:35:24.210 --> 00:35:27.690

Sheva Carr: They are already breathing through the heart

181

00:35:31.220 --> 00:35:32.590

Sheva Carr: with us.

182

00:35:37.200 --> 00:35:46.480

Sheva Carr: When you look in the mirror you naturally adjust. If you have, I do. Anyway, I usually have some curls sticking randomly somewhere.

183

00:35:48.510 --> 00:35:52.410

Sheva Carr: If you have spinach between your teeth, you do something about it.

184

00:35:53.850 --> 00:35:57.180

Sheva Carr: This morning we got to look in the mirror of the

185

00:35:57.910 --> 00:36:01.750

Sheva Carr: tremendous gender gap in our world.

186

00:36:04.790 --> 00:36:07.730

Sheva Carr: and that gender gap isn't just

187

00:36:09.430 --> 00:36:12.440

Sheva Carr: a problem for women and girls.

188

00:36:16.700 --> 00:36:21.510

Sheva Carr: That's 97% of the

189

00:36:21.620 --> 00:36:32.710

Sheva Carr: lack of Nobel peace prizes for women. our our lack of innovation those are our diseases unsolved. Those are our

190

00:36:33.880 --> 00:36:40.120

Sheva Carr: solutions to the environmental crisis gone undiscovered

191

00:36:40.570 --> 00:36:44.060

Sheva Carr: because a girl child's

192

00:36:45.320 --> 00:36:50.120

Sheva Carr: was forced to carry water and give birth rather than go to school.

193

00:36:54.170 --> 00:36:56.990

Sheva Carr: This is a world this year.

194

00:36:58.540 --> 00:37:05.170

Sheva Carr: and one that we can change because it's not based on truth.

195

00:37:08.250 --> 00:37:12.310

Sheva Carr: So let us take the final 5 min together

196

00:37:13.370 --> 00:37:22.210

Sheva Carr: to hold in our hearts the creation of a world to cast forth a reality. We draw back to us

197

00:37:24.410 --> 00:37:29.860

Sheva Carr: where the rights and opportunity gap for women and girl children.

198

00:37:31.900 --> 00:37:32.960

Sheva Carr: or healed

199

00:37:36.430 --> 00:37:38.200

Sheva Carr: for the benefit of all.

200

00:43:15.140 --> 00:43:20.770

Sheva Carr: Again, listen to your intuition.

201

00:43:28.920 --> 00:43:33.080

Sheva Carr: and look how you are drawing that world to you.

202

00:43:34.430 --> 00:43:42.260

Sheva Carr: We have not made an official announcement yet a week, and maybe you want to translate this, but this seems like the perfect time.

203

00:43:42.790 --> 00:43:48.290

Sheva Carr: Day after mother's day in the day of our first report, back from the

204

00:43:51.930 --> 00:43:58.480

Sheva Carr: our policies written for the C. 20 G. 20, all 8 of them

205

00:43:59.480 --> 00:44:06.870

Sheva Carr: out of 225 submissions, for which the gender equity working group could only choose 4.

206

00:44:08.090 --> 00:44:11.720

Sheva Carr: They chose all 8 of ours and put them into one.

207

00:44:12.760 --> 00:44:15.540

Sheva Carr: and we'll be submitting them to the G 20.

208

00:44:17.010 --> 00:44:19.390

Sheva Carr: We submitted last week

209

00:44:20.160 --> 00:44:22.500

Sheva Carr: an additional

210

00:44:24.290 --> 00:44:26.340

Sheva Carr: 11 policies.

211

00:44:27.030 --> 00:44:31.560

Sheva Carr: 8 to the education working group, 3 to the technology working group.

212

00:44:32.470 --> 00:44:35.540

Sheva Carr: But it's the Gender Equity working group.

213

00:44:36.180 --> 00:44:41.620

Sheva Carr: because heart math interventions and heart rate variability, soft regulation.

214

00:44:41.790 --> 00:44:48.040

Sheva Carr: I've been shown to remove that bias that Lorna told us about this morning.

215

00:44:50.500 --> 00:44:54.850

Sheva Carr: It is a way not only to prevent bias, but to scrub it

216

00:44:56.080 --> 00:44:57.750

Sheva Carr: from our society.

217

00:44:59.050 --> 00:45:09.770

Sheva Carr: and because of that evidence all of our recommendations for heart rate, variability, education, and emotional self-regulation

218

00:45:09.850 --> 00:45:15.870

Sheva Carr: to be included at the earliest in education in all

219

00:45:16.420 --> 00:45:20.220

Sheva Carr: required government positions and license positions.

220

00:45:21.310 --> 00:45:25.730

Sheva Carr: those policy recommendations will be submitted to the G. 20.

221

00:45:28.910 --> 00:45:32.070

Sheva Carr: So congratulations, hard Ambassadors

222

00:45:33.900 --> 00:45:35.060

Sheva Carr: progress

223

00:46:01.830 --> 00:46:06.140

Sheva Carr: in

224

00:46:31.870 --> 00:46:37.260

Sheva Carr: and last

225

00:46:42.110 --> 00:46:43.320

Sheva Carr: 4 K.

226

00:47:01.570 --> 00:47:02.550

Sheva Carr: Be us.

227

00:47:40.090 --> 00:47:44.610

Sheva Carr: We close with a celebration.

228

00:47:47.700 --> 00:47:48.630

Sheva Carr: see?

229

00:48:23.800 --> 00:48:32.220

Aleka Vial: And Lorna says that she wants to thank from her heart everything that Fiera Shiva and all her team and Thea foundation

230

00:48:32.280 --> 00:48:47.530

Aleka Vial: has done to help them to get to the UN, and that she value so much. The All this work you are doing, all this effort to give them voice and take them to the UN and from the heart. Thank you so much.

231

00:48:47.840 --> 00:48:48.400

Sheva Carr: Hmm.

232

00:48:52.300 --> 00:48:58.060

Sheva Carr: But at the air like this represent I don't know if it's

really our gratitude.

233

00:48:58.540 --> 00:49:08.200

Sheva Carr: We thank them for representing us at the UN. And to be continued. We will have more of these report backs. Did you all enjoy this? You want more?

234

00:49:10.760 --> 00:49:14.990

Sheva Carr: Yes, we're seeing applause in

235

00:49:16.880 --> 00:49:25.660

Sheva Carr: all right, and I saw that Les was here earlier and left, so we didn't get to make some noise for less, as our newest hard ambassador.

236

00:49:26.010 --> 00:49:32.020

Sheva Carr: Melinda, be on. Help may be on the lookout for when less is back. But

237

00:49:32.360 --> 00:49:36.410

Sheva Carr: congratulations, everyone, a landmark achievement.

238

00:49:36.890 --> 00:49:45.190

Sheva Carr: and more to come. I must get to my other training. We don't rest on our laurels for very long around here.

239

00:49:47.940 --> 00:49:49.920

Sheva Carr: Much love everyone.

240

00:49:51.150 --> 00:49:54.130

Ros Cook: Thank you.

241

00:49:54.260 --> 00:50:08.220

Aleka Vial: and I want to thank you so much. Thank you. Delicate. Thank you. Thank you. Thank you.